

***Find Your Purpose***

Having a purpose in life allows for new opportunities to make each day worthwhile and find true meaning in what you do. Begin each day planning for growth and identify ways to move forward. Your success lies in the decisions you make daily. Start making the “Daily Dozen” a habit to get moving forward.

***John Maxwell’s Daily Dozen***

1. **Attitude:** Choose and display the right attitude daily.
2. **Priorities:** Determine and act on important priorities daily.
3. **Health:** Know and follow healthy guidelines daily.
4. **Family:** Communicate with and care for my family daily.
5. **Thinking:** Practice and develop good thinking daily.
6. **Commitment:** Make and keep proper commitments daily.
7. **Finances:** Make and properly manage dollars daily.
8. **Faith:** Deepen and live out my faith daily.
9. **Relationships:** Initiate and invest in solid relationships daily.
10. **Generosity:** Plan for and model generosity daily.
11. **Values:** Embrace and practice good values daily.
12. **Growth:** Seek and experience improvements daily.

***Prepare For Success, Not Failure***

1. Develop and strengthen your self-discipline to achieve success.
2. Don’t make excuses, make an effort.
3. Work for what you want.
4. Try to find the good in any situation.

You are here and you are committing to progress.

**Assess** - Evaluate current habits and think about how you would like things to be different.

**Purpose** - Find your why and your reason for wanting to make a healthy change.

**Prioritize** - What do you need to do to make this a priority in your life?

**Mindset** - Determine how you will choose to think about your change efforts.

**Game Plan** - Determine what is required and what strategies would yield the great return/reward. Set a specific, measurable, attainable, realistic, and time-oriented goal to reach for.

**Action** - Put the game plan into motion and implement strategies you came up with to help you achieve your goal.

**Reflect** - Think back on what you accomplished and what you learned from the experience.

**Improve** - Continue to progress and consider using this strategy to improve in another area of your life.

**Lead** - Lead by example and serve others. You are able to demonstrate to others what is possible and have a positive influence on them.



***Make Today Count***