



Radical Remission

Surviving Cancer Against All Odds

Radical Remission - Also referred to as ‘spontaneous healing.’ There are thousands of cases of radical remission published in medical journals; however, most major cancer institutions are not sharing and/or recommending review and discussion of what people did to survive. After all, if we are trying to “win the war on cancer,” doesn't it make sense to talk and learn from those who have already won?

Radical remission occurs whenever:

- A person’s cancer goes away without using any conventional medicine; or
- A cancer patient tries conventional medicine, but the cancer does not go into remission, so he or she switches to alternative methods of healing, which do lead to a remission, or
- A cancer patient uses conventional medicine and alternative healing methods at the same time in order to outlive a statistically dire prognosis (i.e. any cancer with a less than 25% chance of five-year survival).

Based on the research, the nine key factors for radical remission are:

Radically Changing Your Diet - _____

Taking Control of Your Health - _____

Following Your Intuition - _____

Using Herbs and Supplements - _____

Releasing Suppressed Emotions - _____

Increasing Positive Emotions - _____

Embracing Social Support - _____

Deepening Your Spiritual Connection - _____

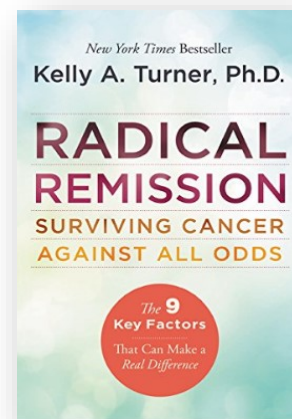
Having Strong Reasons for Living - _____

What will you do to prevent cancer and/or radically change your health?

1) _____

2) _____

3) _____



You are here and you are committing to progress.

Assess - Evaluate current habits and think about how you would like things to be different.

Purpose - Find your why and your reason for wanting to make a healthy change.

Prioritize - What do you need to do to make this a priority in your life?

Mindset - Determine how you will choose to think about your change efforts.

Game Plan - Determine what is required and what strategies would yield the great return/reward. Set a specific, measurable, attainable, realistic, and time-oriented goal to reach for.

Action - Put the game plan into motion and implement strategies you came up with to help you achieve your goal.

Reflect - Think back on what you accomplished and what you learned from the experience.

Improve - Continue to progress and consider using this strategy to improve in another area of your life.

Lead - Lead by example and serve others. You are able to demonstrate to others what is possible and have a positive influence on them.